

We are pleased that your Spartan athlete has the opportunity to participate with the BH Spartan Youth Football program. We feel it is very important to share some basic guidelines regarding the commitment both you and your Spartan athlete are about to make and thereby, have your support throughout the season.

We hope you have carefully considered both the benefits and constraints involved in being a team member. Each season lasts approximately 15 weeks with practices lasting several hours after school, and could be any Monday-Friday and games could be once or twice weekly.

We have listed items below that each parent and Spartan-athlete need to be aware of and consent to. Please consider carefully the items listed below as the parent and discuss them fully with your Spartan-athlete. It is the parent and athlete's responsibility to become aware of the commitment, rules and regulations of being on an athletic team.

- √ Be certain your Spartan athlete is committed to participating at this level of competition and is willing to give the time and effort both at practices and games throughout the entire season. (See Player Code of Conduct)
- √ Consider the time spent on sports and the impact on your family as well as on study time. Also, consider other activities in your life that will be impacted such as church activities, other sports teams and other school involvement. The team needs your commitment to be successful.
- √ Realize that there is potential for injury in any sport. Your medical coverage is the primary source of services in the event of any injury.
- √ Be cognizant of the coach's requirements and expectations so you can better understand his/her methods and emphasis. Communicate your concerns-positive and negative-with the coach.
- √ Parents consider and discuss with your Spartan athlete that their conduct should reflect and reinforce the values we hold as adults in life. (See Athletes and Parents Code of Conduct)
- √ Evaluate the financial cost for participation on the team.
- √ As a parent, be willing to support the team in whatever way you can. (See Parent Involvement Pledge)
- √ Be considerate of your coaches and team member's time by adhering to start times and pickup times of games and practices as requested by the coach. Strive to arrive early, be prepared, and ready to play/practice.
- √ Parents/guardians are responsible for ensuring their child is collected at the field immediately following his/her football session.

Please consider all of the following as your commitment and pledge to safety, teamwork and participation in the overall success of the BH Spartan Youth Football Program, its players, coaches, volunteers and directors.

### **Consent to Play Agreement:**

As the parent(s)/legal guardian(s) of the registered child (ren), I/we give my/our approval for the registered child (ren) to participate in any BH Spartan Youth Football activities. I/We understand that participation in BH Spartan Youth Football activities may result in serious injuries and/or bodily harm and that protective equipment does not prevent all injuries to players. I/We hereby waive, release, absolve, indemnify and agree to hold harmless BH Spartan Youth Football, each and all of their officers, members, sponsors, participants, coaches, and persons transporting my/our child(ren) to and from activities for any claim arising out of any injury to my/our child(ren) and myself, however caused, during the course of any and all BH Spartan Youth Football activities, including, but not limited to, practice sessions, games, and/or travel to said activities.

I/We also hereby certify that my child (ren) has/have received a physical examination by a licensed physician and has/have been found to be physically capable of participating in the program.

I/We hereby give my consent to have the coach, assistant coach, or trainer of the team on which my child (ren) is registered to act as my surrogate to have an athletic trainer and/or doctor of medicine or dentistry provide my child (ren) with medical assistance and/or treatment until such time as I can be contacted in the event of an accident, injury, sickness, etc. This care may be given under whatever conditions are necessary to preserve the life, limb, or well-being of my child (ren).

## **CODE OF ETHICS FOR PARENTS AND ATHLETES**

It is the duty of all involved with BH Spartan Youth Football to embody the proper ideals of sportsmanship, ethical conduct and fair play. Athletes and parents are expected to respect the integrity and judgment of the officials and coaches, to show courtesy to visiting teams, and to recognize that an athletic contest is only a game, the purpose of which is to promote the physical, mental, moral, social and emotional well-being of the individual athletes. You must agree to adhere to the following codes of conduct while involved in the BH Spartan Youth Football Program at all time.

### **ATHLETE'S CODE OF CONDUCT**

- I will honor my commitment to my team by attending all scheduled practices and games in a timely manner, and will put forth my best possible effort. I understand that I may miss playing time as determined by the coach in any game if I miss practices or arrive late on game day.
- I further understand that a lack of attendance or chronic tardiness may result in my ineligibility as a player from the team.
- I will personally notify my coach, in advance, if I am unable to attend a practice or game.
- I will demonstrate my respect for teammates, coaches, opponents and officials through my actions and words.
- I will respect the integrity of the game by learning and following the game rules.
- I will listen to and respect my coach, assistant coaches or volunteers, who are the instructional authority for my team.

### **PARENT'S CODE OF CONDUCT**

- I will honor my child's commitment to his/her team by ensuring that he/she attends all scheduled practices and games in a timely manner. I understand that my child may miss playing time in a game if he/she misses practices or arrives late on game day. I further understand that a lack of attendance or chronic tardiness may result in player ineligibility.
- I will ensure my child or I will personally notify his/her coach, in advance, if my child is unable to attend a practice or game.
- I will also exercise good sportsmanship and ethical conduct.
- I will respect the judgment of the coach, assistant coach or volunteer, who is the instructional authority for my child's team.
- I will remain in the spectator area during games. I will not coach my child from the sidelines.
- I will direct constructive criticism to the president or executive vice president in a timely manner.
- I will be a positive force by showing interest, enthusiasm and support for my child's team.
- I understand there will be a \$100.00 charge for unreturned or damaged sport uniforms or equipment.
- Parents/guardians are responsible for ensuring their child is collected at the field immediately following his/her football session.

**Parent Involvement Pledge:** Our Athletic Program requires a large commitment from our parent volunteer's, which include coaches, assistants, volunteers and athletic board members. To help with this workload, we require that all parents, whose child (or children) participates in BH Spartan Youth Football, volunteer at least one (1) hour per child during that particular sport season. Such volunteer opportunities may include but not be limited to: coaching, clock/scorekeeping, working concession stand, field setup and pickup, field clean up, line officiating, and/or other designated sport-related activities.

## COACHES CODE OF CONDUCT

- Coaches will always be fair, firm and consistent.
- Coaches will promote a positive attitude and lead by example.
- Coaches will not argue with parents or officials, and will always demonstrate good sportsmanship.
- Coaches will do the best they can to ensure each athlete is both physically and mentally ready for whatever task is asked of them.
- Coaches will adhere to the policies and procedures and a set proper example for everyone to follow.
- Coaches will stress teamwork and respect for every athlete.
- Coaches will allow each athlete the opportunity to compete and excel.
- Coaches will display control, respect, dignity, and professionalism to all involved with football. This includes, but is not limited to, officials, opponents, coaches, administrators, parents, spectators and the media.
- Coaches will ensure that coaching or training activities take place in a safe environment and are appropriate for the age, maturity, experience and ability of the players.
- Coaches will never strike, shove, threaten to strike, or lay a hand upon an official, player or spectator.
- Coaches will never coach or train while under the influence of alcohol or drugs or allow a player to train or play as well.
- Coaches will never use trash talk, profane, obscene, or vulgar language under any circumstance.

By signing up to participate in the BH Spartan Youth Football, I/we agree to abide by and follow the Athletes, Parents and Coaches CODE OF CONDUCT, where applicable, as well as you are acknowledging the consent to play and the Parents Involvement Pledge.

You also acknowledge that BH Spartan Youth Football program may use and/or allow to be used photos or other media for promotional activities.

Payment is required in full prior to the player(s) being registered and allowed to practice.

By clicking the "I Agree" button below, I hereby agree to the above.